



# 2023 Spring Training

Renée Brouse, District Governor 2023-2024

April 22, 2023 Sherwood High School, Sherwood, Oregon



<b>Check-in &amp; Registration 7:30 - 8:30</b>		
<b>Opening Session 8:30 - 8:50</b> Welcome & Orientation		
<b>Break 8:50 - 9:00</b>		
<b>Session 1 9:00 - 10:00</b>		
President Elect's 2022-2023/ President's 2023-2024 Part 1	Renee Brouse	Session 1 for PE's, Presidents 2023-2024
Soon-to-be Past Presidents: What's next?	Steve Williams	The session is designed for Club Presidents during the 2022-23 Imagine Rotary year. We share highlights of the year and talk about the role of serving as Past President. Imagine what can be!
Secretaries I - Beginners	Liz Butson	Did you agree to be secretary and don't know where to begin? Welcome to DACdb basics. Learn to add/delete members, edit club positions, track/submit attendance, RI interface & more
Your Role as Club Treasurer	Tom Markos	Session for New and returning Treasurers
What It Takes To Be A Successful Membership Chair	Dennis Long	Learn proven successful steps to having a "Rock Star" year as your Club's Membership Chair!
Club Operations	Rob Sachs	Required policies and reporting for a functioning Club according to Rotary's Manual of Procedures that board members need to know
What is the Role of the Public Image Chair	Nelson Holmberg	How can the District's Public Image Committee serve you as club PI Chair? Learn about the District PI Committee. Share your ideas so the district can improve its PI efforts to assist clubs
Building an International Committee in your Club	Renée Campbell	Basics for getting your club involved in international service
The Rotary Foundation - Role of TRF Chair	Bob Sharkey	What it takes to be an effective a Rotary Foundation Chair, with an open discussion of experiences and questions
Growing a Vibrant Interact Club	Chuck Anderson	Roundtable Discussion: How and why to start an Interact Club: what's the point? How to revitalize an Interact Club that has fallen flat; How to keep an Interact Club meeting fun and exciting
Youth Exchange: Participating Clubs	Youth Exchange Committee	Is your Club a Youth Exchange host? Come share in an open discussion of what your club is doing; ask questions; and share answers
The Meat & Potatoes of Rotary	Susanne Holmberg	Come have Fun and Learn about Rotary in a light-hearted competition.
<b>Break 10:00 - 10:15</b>		
<b>Session 2 10:15 - 11:15</b>		
President Elect's 2022-2023/ President's 2023-2024 Part 2	Renee Brouse	Session 2 for PE's, Presidents 2023-2024
Secretaries II - Advanced	Liz Butson	For club secretaries familiar with the basics - expand your knowledge and comfort with DACdb. Discover how to link club and dist committees, use Pmail, posting calendar events & more
Plug Your 'leaky bucket' and Keep Members!	Jeff Lines & Kathy Stromvig	Join this fun and interactive session to exchange ideas on "plugging the leaky bucket" of members leaving your club. Retention is critical to a Vibrant club!
Vision to Action	Rob Sachs & David Noyes	The "Why and How" Vision to Action benefits club team building and implementation of goals and succession development
Reaching External Audiences - Effective news releases & Storytelling	Nelson Holmberg	Rotarians often feel it's inappropriate to "brag" about our service and it's value. Professional & effective news releases, successfully tell our stories. Learn tips to get results with the media
Dist. Grant Qualifications & Stewardship	Nancy Docekal, Christine Huot, Mike Stone, Cheree Nygard, Danette LaChapelle	Required training for all clubs with <u>experienced</u> District Grant writers wanting to apply for a District Grant in 2023-2024. RI requires at least one club member be trained/year in writing District Grants
TRF Simplified & Resources	Tom Crozier	The Basics of The Rotary Foundation. What Resources are available to help you be successful in your role as TRF Chair
Global - Preparing a Community Assessment	Pat Rogers, Renee Campbell, Kathleen Jordan, Laura Tlirico & Stew Martin	How to prepare and conduct Community Assessments, which are required by TRF for all Global Grants.
Youth Exchange: International Exchanges	Youth Exchange Committee	Youth Exchange: is it right for your club? Learn how your club might host International exchange students
Rotary Youth Leadership Award - RYLA	Daniel Spalding	Learn how district 5100 Rotary Youth Leadership Awards program and how your club can get young individuals into Rotary
Empowering Girls: Unleashing the power of girls and women	Nancy Boyle	Learn about "Empowering Girls" through examples of local & international projects. Equality is a fundamental human right necessary for a peaceful, prosperous, & sustainable world
R.E.E.L. & Learning Center	Gary Stewart	Learning resources available from District 5100 and Rotary International
<b>Break 11:15 - 11:30</b>		

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## Session 3 11:30 - 12:30

President Elect Nominee's: "Engage! Taking 2024-25 Rotary to the 24th Century" - Pt 1	Jeannine Murrell	For PEN's → Presidents 2024-23. Prepare for a Successful Rotary Mission with your Starfleet class. In the onboarding session create the community needed for interpersonal connections
Online with DACdb	Liz Butson	What is DACdb? Why should I use it? Clubs & the District use it to maintain club, committee & member records. For ALL Rotarians. Learn to access & navigate it; Enrich your membership!
Small or Struggling Club? Become Vibrant!	Deniel Banks	Bring your Club's issues and join the conversation in this workshop. Leave having learned new ways to be both relevant and relational. Take home tools to move forward toward success
Vision to Action	Rob Sachs & David Noyes	The "Why and How" Vision to Action benefits club team building and implementation of goals and succession development
Dist. Grant Qualifications & Stewardship	Nancy Docekal, Christine Huot, Mike Stone, Cherie Nygard, Danette LaChapelle	Required training for all clubs wanting to apply for a District Grant in 2023-2024, specifically targeting newer District Grant Writers. RI requires at least one member be trained/yr in writing District Grants.
Polio Plus - Updates & Foundation Giving	Tom Golden	An update on current status and initiatives to eradicate Polio. Ways your club can support Polio efforts
Global - Grant Qualifications & Stewardship	Pat Rogers, Renee Campbell, Kathleen Jordan, Laura Tilrico & Stew Martin	Required training for all clubs wanting to apply for a Global Grant in 2023-2024
Youth Exchange: Short Term Exchanges	Youth Exchange Committee	Information about short term youth exchanges. What is a short-term exchange? How can your club participate?
IDEA – Inclusion, Diversity, Equity, Accessibility	Diane Brandsma	An IDEA primer for District 5100. Learn the basics on how to approach IDEA issues and learn about District 5100's resources for your club
Public Speaking	Renee Brouse	Public Speaking: like it? Hate it? Fear it? Whatever your feelings, learn techniques to create stories, be comfortable with the uncomfortable, or add tools to your current toolbox
Club/Community Service	Gary Stewart	Serving club members and our communities
Vocational Service	Vocational Service Committee	Vocational service means many things to many people. What does it mean in your club?

## Lunch 12:30 - 1:30

## Session 4 1:30 - 2:30

President Elect Nominee's: "Engage! Taking 2024-25 Rotary to the 24th Century" - Pt 2	Jeannine Murrell	For PEN's → Presidents 2024-23. This second sessions will take you on a short flight at 30,000 ft giving an overview of required training & resources to make your journey a success
Reaching out to Fellow Rotarians	Diane Noriega	Panel Discussion: Reaching Fellow Rotarians using various communication tools. Learn from clubs who've had success with their efforts
District Grant Workshop	Nancy Docekal, Danette LaChapelle, Christine Huot, Mike Stone, Cherie Nygard	Hands on information, DACdb application instructions and DG reporting requirements. Recommended for all clubs planning to submit District Grants in the coming year
Peace Builder	Mike Caruso & Larry Strober	An overview of Rotary's history of Peace and its impact on D5100. Learn about Rotary Peace Centers, their growth; Peacebuilder Districts; and D5100's Peacebuilder Clubs programs
Global Grant Workshop	Pat Rogers, Renée Campbell, Laura Tilrico	Learn from experienced GG project leaders & Coaches. Understand 7 Areas of Focus; successful GG project development; 6Q; monitoring, evaluation; frameworks, providing for evidence of Outcomes
All About Youth Service	Kathleen Jordan	A workshop for sustaining and improving engagement those under 30 through Interact, Rotaract, RYLA, Rotary Youth Exchange, New Gen Service Exchange, and Int'l Fellowship of Scouting Rotarians
Youth Protection Policy	David Noyes	Acquainting volunteers with their responsibilities under the Youth Protection Policy and Procedure
Difficult Conversations	Pat Wolfram	How to discuss what matters Most!
Mental Health: It's just hard to be a human being	Dr. Hank Robb	Moving away from a model of individual illness and recovery to one of compassionate wisdom and interdependence
Human Trafficking: Open Panel Discussion	Jim Mosio	A guided discussion on Human Trafficking and Rotary Club's efforts to stop it. Learn what clubs can do locally to educate and raise awareness of the issue. Resources for clubs
Improvisation can make you a better leader	Casey Hostetler	Learn to own your own power, embrace your fear, develop listening and collaboration skills, learn to lead and to follow with this interactive workshop

## Break 2:30 - 2:45

## Session 5 Birds-of-a-Feather 2:45 - 3:45

2024 District Celebration	Leah Griffith	Learning & Development Committee	Gary Stewart & Renée Fontenot
Empowering Girls	Nancy Boyle	Peacebuilders	Mike Caruso & Larry Strober
Finance Committee	Tom Markos	Rotary Foundation	Tom Crozier
Grow Rotary - NEW Initiative	Marcia Wimmer	RYLA	Daniel Spalding
IDEA - Inclusion, Diversity, Equity	Diane Brandsma	Shelter Box	Lora Helmer
Interact	Chuck Anderson	Visioning To Action	Rob Sachs
International Service	Renée Campbell	Vocational Service	Patty Frahler
Membership	Committee Members	Young Professionals/Youth Service	Kathleen Jordan
Public Image	Nelson Holmberg	Youth Protection Policy	David Noyes

## Break 2:30 - 2:45

## Closing Session 3:45 - 4:00 District business, Raffle, PHF, and Closing remarks

### KEY

Presidents 2023-2024	Secretaries	Public Image	Interact
Presidents 2024-2025	Treasurers	TRF - The Rotary Foundation	Youth Services
Current & Past Presidents	Membership	General Program	Youth Exchange
	Operations		Rotary Youth Leadership Award - RYLA